

THE BRISTOL STOOL FORM SCALE (for children)  
**choose your**

# POO!

type **1**



looks like:

**rabbit droppings**

Separate hard lumps, like nuts (hard to pass)

type **2**



looks like:

**bunch of grapes**

Sausage-shaped but lumpy

type **3**



looks like:

**corn on cob**

Like a sausage but with cracks on its surface

type **4**



looks like:

**sausage**

Like a sausage or snake, smooth and soft

type **5**



looks like:

**chicken nuggets**

Soft blobs with clear-cut edges (passed easily)

type **6**



looks like:

**porridge**

Fluffy pieces with ragged edges, a mushy stool

type **7**



looks like:

**gravy**

Watery, no solid pieces ENTIRELY LIQUID